



Product of India - a world leader in vannamei culture and technology.

Continuous availability - Processed by one of the largest suppliers of white shrimp from India, Harvest Brand is readily available throughout the year, and season after season.

Superior freshness - product is packed immediately after it is harvested.

Handled with care - sorted and peeled by hand to ensure minimum defects and unparalleled uniformity.

Antibiotic free - absolutely no chloramphenicol or nitrofurans.

Vannamei species - preferred by most customers.

Packed under strict HACCP controls - meets requirements of the U.S. Food and Drug Administration.

Versatility - headless shell-on as well as several value-added product forms offered regularly.

# Harvest™ Spicy Oriental Soup

## INGREDIENTS:

- Harvest brand peeled and deveined shrimp
- Miso Broth
- Snow peas or Sugar Snap peas
- Precooked fine noodles (cappellini, or rice noodles)
- Sliced jalapeno to taste
- Sliced mushrooms
- Sliced scallions
- Lime

Prepare miso according to package directions. Add shrimp, peas, noodles, jalapeno, mushrooms and scallions to taste. Simmer until the shrimp turn pink and opaque. Garnish with sliced lime.



### raw headless

Nutrition Facts	
Serving size 4 oz. (112g) See size chart for approx. no. of shrimp Servings per container 16	
Amount Per Serving	
Calories 70	Calories from fat 0
% Daily Value**	
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 195 mg.	65%
Sodium 75 mg.	3%
Total Carbohydrate 1g	1%
Dietary Fiber 0g	0%
Sugar 0g	
Protein 16g	
Vitamin A 6%	Vitamin C 2%
Calcium 10%	Iron 6%
* Percent Daily Values are based on a 2000 calorie diet, your Daily Values may vary higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat. Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • protein 4	

### value-added

Nutrition Facts	
Serving size 4 oz. (112g) See size chart for approx. no. of shrimp Servings per container 8	
Amount Per Serving	
Calories 70	Calories from fat 10
%Daily Value**	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 95 mg.	32%
Sodium 95 mg.	4%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugar 0g	
Protein 13g	
Vitamin A 2 %	Vitamin C 2%
Calcium 4%	Iron 8%
* Percent Daily Values are based on a 2000 calorie diet, your Daily Values may vary higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat. Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • protein 4	



Product of India, farm raised

Standard packing is 6 x 4 lb. for headless shell on sizes 16/20 - 41/50 and 5 x 2 lb. for value added sizes 16/20 - 71/90.

Harvest is also available in peeled deveined tail-off, IQF shell-on and E-Z peel product forms.

Please ask your Darik representative for more information.

Count/Size per pound	Average Number of Shrimp per Serving
16/20	About 5
21/25	About 6
26/30	About 7
31/35	About 8
36/40	About 9
41/50	About 12
51/60	About 13
61/70	About 17
71/90	About 20

Count/Size per pound	Average Number of Shrimp per Serving
16/20	About 4
21/25	About 6
26/30	About 7
31/40	About 8
41/50	About 11
51/60	About 14
61/70	About 16
71/90	About 20

Case Configuration
6 x 4 lb.
Dimensions
14 1/4" L x 12" W x 8" H
Volume
.79 cu. ft.
Pallet
10 per layer, 6 high

Case Configuration
5 x 2 lb.
Dimensions
15" L x 9 3/4" W x 6 1/2" H
Volume
.55 cu. ft.
Pallet
13 per layer, 8 high

Harvest™ brand is distributed by Darik Enterprises, Inc.

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