



• Product of Nicaragua - regarded as one of the world's finest sources of warm water lobster tails.

• Quality – the freshest tails from the Caribbean Sea, complemented by strong weights and counts.

• Fresh – the products are packed at the same facilities where they are landed immediately after being caught.

• Versatile – for any menu application, available in a full range of sizes from 5 to 20 ounces/tail.

- Continuously available utilizing the capacities of two of the largest suppliers in the Caribbean, products are available throughout the year.
- 100% net weights a truly "dry" pack, no water added.
- Compliant Harvested in compliance with the Caribbean regional management regulation OSP-02-09.
- Packed under strict HACCP controls meets the requirements of the U.S. Food and Drug Administration.

Marazul is a registered trademark of Grupo Marazul, S.A., Puerto Cabezas, Nicaragua

• Accurate – uniformly sized for consistent plating.

• Verified – processing plants are routinely audited by independent 3rd parties to ensure compliance and quality.

• Short transit time – enables rapid delivery of custom orders.





## Lobster cioppino

## **INGREDIENTS:**

2 6 oz split Nicaraguan lobster tails 1/4 lb shrimp ½ lb cockles 1/2 lb cleaned mussels 2 tbs olive oil 2 garlic cloves, minced 3 scallions, chopped 1½ cups canned chopped tomatoes 3 tbs of tomato paste ½ cup dry white wine ½ cup seafood stock ½ lemon, juiced 1/4 tsp dried basil a pinch of dried oregano 1/4 tsp prepared horseradish salt and pepper chopped parsley for garnish

Saute garlic in olive oil until fragrant. Add chopped scallions, and continue to saute. Add tomatoes, tomato paste, white wine, seafood stock and the juice of one half of a lemon.

Season with dried basil, dried oregano, prepared horseradish and salt and pepper to taste. Simmer to reduce slightly.

Remove a ladle full of the sauce and place it in a pot large enough to hold the lobster tails. Steam the tails in the cooking liquid until done. Set aside and keep warm.

## **Nutrition Facts**

Serving size 100 grams

Amount Per Serving			
Calories 90	Calories from fat 15		
	% Daily Value**		
Total Fat 1.5g	2%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 105 mg.	35%		
Sodium 270 mg.	11%		
Total Carbohydrate 3g	1%		
Dietary Fiber 3g	0%		
Sugar 0g			
Protein 16g			
Vitamin A 0%	Vitamin C 0%		
Calcium 4%	Iron 2%		
* Percent Daily Values are based on a 2000 calorie diet, your Daily Values may vary higher or lower depending on your calorie peeds			

depending on your calorie needs

	Calories	2,000	2,500	
Total Fat	Less than	65g	80g	
Sat. Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	340mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	
Calories per gram:				
Fat 9 • Carbohydrate 4 • Protein 4				

Case Configuration  $1 \times 10$  lb. **Dimensions** 16 "L × 121/4"W × 41/2"H Volume .49 cu. ft. Pallet 12 per layer, 12 high

Add the shrimp, cockles and mussels to the original pot of sauce. Cook over medium-high heat until the cockles and mussels have opened. Add the lobster tails, ladle into bowls and garnish with fresh chopped parsley.

Serve with crunchy garlic toast.



C. Island Prime and Marazul products are also available as lobster tail splits and whole uncooked. Product of Nicaragua.

Standard presentation is individually wrapped lobster tails, packaged in 10 lb cases.

Available in sizes 5 to 20 ounces each (Panulirus argus)

Please ask your Darik representative for more information.

## C. Island Prime<sup>™</sup> and Marazul<sup>™</sup> brands are exclusively distributed by Darik Enterprises, Inc.

1999 Marcus Avenue, Suite 212, Lake Success, NY 11042 (516)355-7400 Fax: (516)775-1506 Visit our website: www.shrimppeople.com

